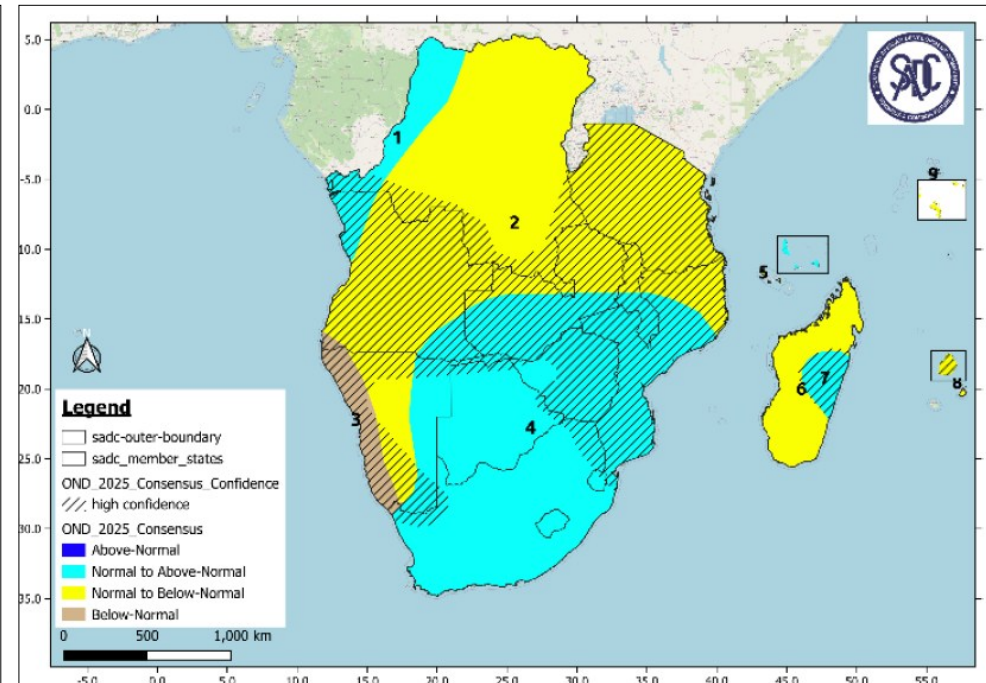
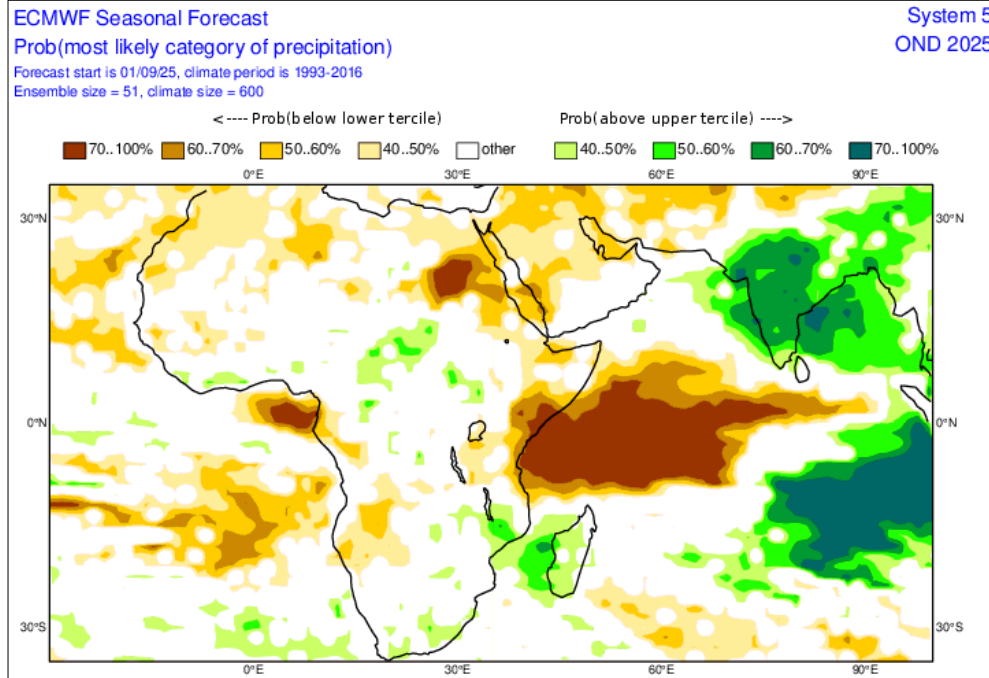


# SASSCAL Seasonal Forecast Assimilation

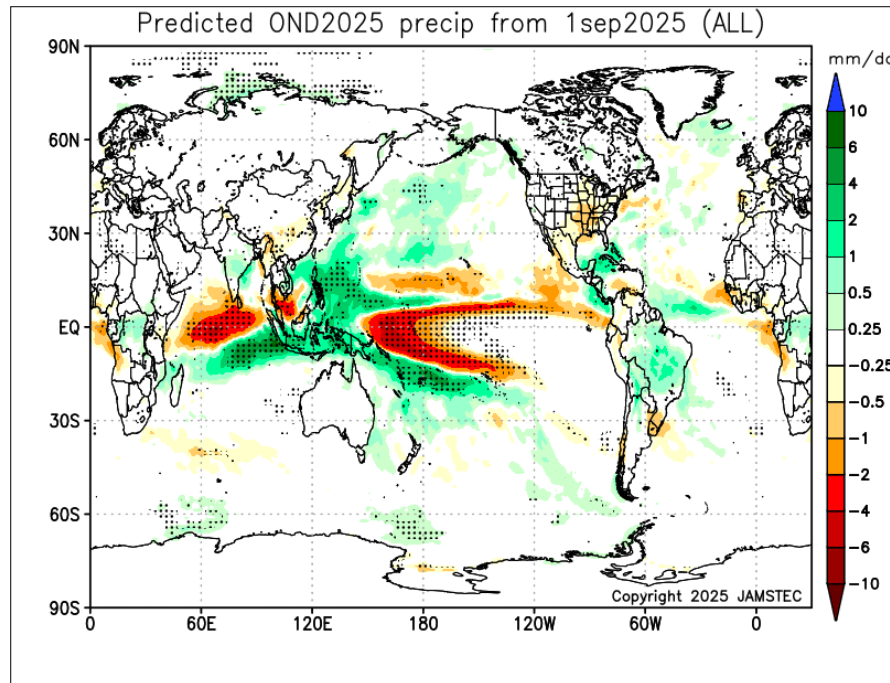
Rainfall period October-November-December (OND) 2025

European Centre for Medium-Range  
Weather Forecasts (ECMWF)

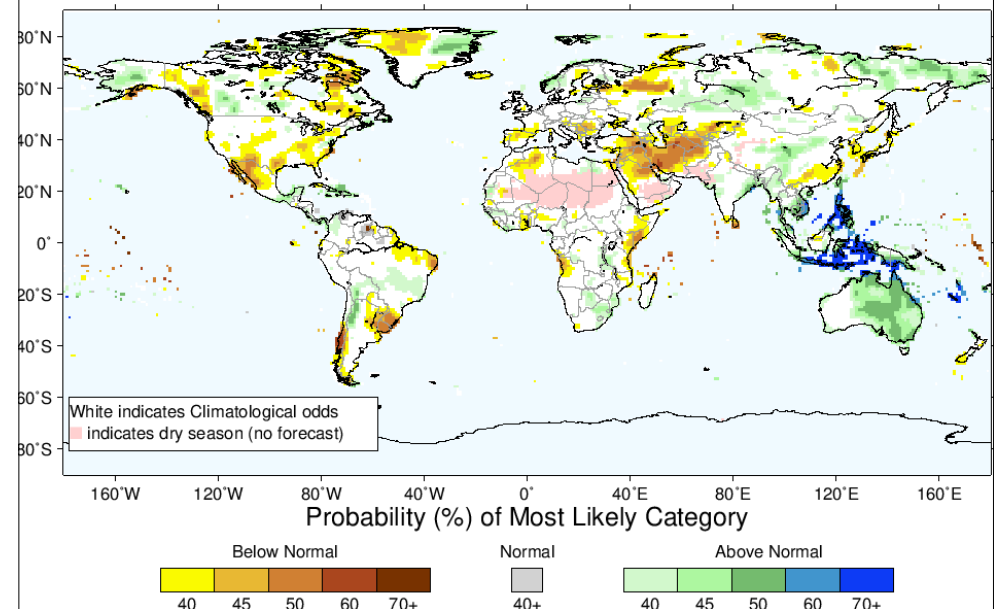


31st Southern African Regional Climate Outlook  
Forum (SARCOF-31)

Japan Agency for Marine-Earth Sci-  
ence and Technology (JAMSTEC)



IRI Multi-Model Probability Forecast for Precipitation for  
October–November–December 2025, Issued August 2025

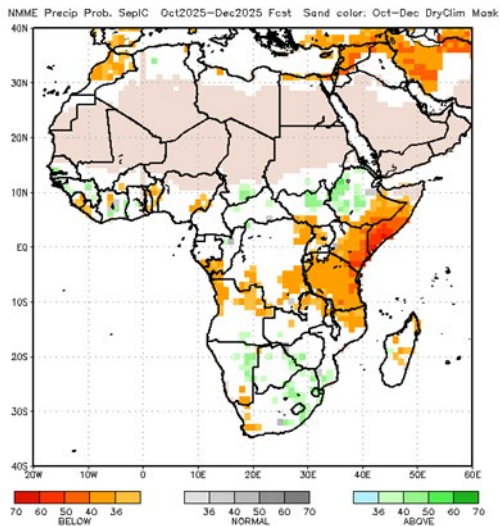


International Research Institute (IRI)

# SASSCAL Seasonal Forecast Assimilation

Rainfall period October-November-December (OND) 2025

For most of southern Africa, the October to December quarter of 2025 is the first quarter of the rainfall year, with the exception of the winter rainfall areas. It generally spells the onset of the rainfall season, with much greater downpours only expected as from January in most of southern Africa. But it does bring the first relief from the cold and dry winter months.



## NOAA OND-2025 Forecast

For southern Africa, NOAA's prediction fore spells a "slight to moderate" possibility for normal to above normal rainfall for October to December 2025.

The IRI and JAMSTEC forecast generally predict a normal rainfall quarter for OND 2025 for most of southern Africa, while north-western Angola is predicted to be below average. IRI agrees with NOAA's forecast that the cape may see below normal rainfall.

ECMWF, NOAA and SARCOF-31 agree on the possibility of parts or much of Angola receiving below normal rainfall.

The SASSCAL historical map (1981-2024) for the average 3-month rainfall total provides a useful baseline, offering a broader perspective on what can typically be expected during this period of the year.

## References and Data Source

1. NOAA. 15 September 2025. ENSO: Recent Evolution, Current Status and Predictions
2. NOAA. 11 September 2025. Seasonal Rainfall and Temperature Guidance.
3. SARCOF-31. OFFICIAL RELEASE: STATEMENT FROM THE THIRTY-FIRST SOUTHERN AFRICAN REGIONAL CLIMATE OUTLOOK FORUM (SARCOF-31) HELD IN LUSAKA, ZAMBIA, 08 – 11 SEPTEMBER 2025.
4. CHC CHIRPS 3.0 precipitation data from 1981 to 2024

Five seasonal forecasts have been consulted for the rainfall period starting 1 October 2025 and ending 31 December 2025.

The NOAA publication "ENSO: Recent Evolution, Current Status and Predictions" forecasts the transition from an ENSO-neutral state to a La Niña. NOAA predicts that in October to December 2025, there is a 71% chance of La Niña. Chances of a La Niña decrease to 54% between December 2025 and February 2026.

For southern Africa, NOAA's prediction fore spells a "slight to moderate" possibility for normal to above normal rainfall for October to December 2025.

This is reinforced by the recent SARCOF-31 outlook statement, which predicts normal to above normal rainfall for most of southern Africa, with the exception of Namibia's western coast, which is expected to receive below normal rainfall.

Average 3-Month Rainfall Total for October to December (OND) (1981 to 2024)

